

What is Parenting Coordination?

Parenting Coordination at the Center for Life Management is a child-centered service often used in collaboration with the courts. The basic role of the Parenting Coordinator is to assist parents to implement their parenting plan by facilitating the timely resolution of the parents' disputes, educating parents about children's needs and co-parenting techniques.

Typically, both parents must agree to participate in parenting coordination. In cases where domestic violence has been present, the primary role of the Parenting Coordinator may be enforcement of court orders.

Through education, assessment, mediation and case management, the family's progress is monitored to ensure that parents are fulfilling their obligation to their child, while complying with the recommendations of the court.



Groups offered by CLM:

- Anger Management for Adults
- Anger Management / Bullying for Teens
 - Bereavement
 - Child Impact Program
- DBT (Dialectical Behavior Therapy) for Adults, Teens and their Parents
 - DWI Aftercare
 - Self-Esteem Groups for Girls
- Social Skills Groups for Children and Teens
 - Substance Abuse Groups

CLM Locations:

Main Office:

10 Tsienneto Road, Derry

Salem Branch:

44 Stiles Road, Salem

Hampstead Branch:

218 East Road, Hampstead



603.434.1577

www.CenterForLifeManagement.org



Parenting Coordination Service



Parenting Coordination: Help for High Conflict Families

Parenting Coordination is a service designed to help high conflict families deal with ongoing issues following separation or divorce. A trained Parenting Coordinator assists parents to establish and maintain a healthy relationship by reducing parental conflict and the risk factors that impact a child's post-divorce adjustment.

More than one million children each year are affected by divorce and family separation. Half of these children will be raised in families where parents remain in significant conflict. In many cases, these parents engage in frequent and ongoing litigation over parenting plans.

Children raised in this conflict-ridden atmosphere are four to five times as likely to grow up with serious emotional and behavioral difficulties. High conflict scenarios are harmful to children and consume excessive amounts of legal, court, and mental health services and the associated costs.



Who would benefit?

Parenting Coordination was developed specifically for high-conflict families who need more structure and guidance to deal with their issues and the needs of their children. Parenting Coordination has been proven helpful to families where conflict threatens the psychological health and well-being of children.

Parenting Coordination benefits children, parents and families by reducing the negative effects of prolonged conflict. It benefits the legal community by encouraging resolution and limiting misuse of litigation.

What is the role of the Parenting Coordinator?

The Parenting Coordinator is a professional with background in mental health or family law, who has specific training in parenting coordination and mediation. The Parenting Coordinator's role is to promote the best interest of children by meeting with parents to develop and maintain effective co-parenting practices. The Coordinator's role generally includes:

- Development of a Cooperative Parenting Plan
- Mediation and assistance with decision making
- Facilitation of communication and cooperation between parents
- Education of parents about harmful effects of conflict on children
- Assistance to parents in positively adapting their co-parenting efforts



The Parenting Coordinator makes every effort to help parents resolve disputes themselves. When this becomes unachievable, the Parenting Coordinator as appointed by the court may take on limited decision-making authority to resolve impasses within the scope of court orders.

What is the program fee?

The fee for Parenting Coordination is a set hourly rate that is paid by retainer at the onset of services. As agreed, the fee is often split equally between both parents and usually is a lower hourly rate than the cost of typical attorney's fees.

How are referrals made?

Referrals may be made by courts, attorneys, mental health counselors, schools, parents and/or families. An initial intake appointment with the Parenting Coordinator will be scheduled to determine needs and appropriateness for the program.

For more information or to make a referral, contact the **Intake Department** at the Center for Life Management at **603.434.1577**.